

**Town of Somers  
Advisory Committee for Seniors  
September 12, 2022**

**Present:** Pat Bachetti, Phyllis Gwilliam, Bev Guimond, Ailene Henry, Allison Maynard, Tina Toohey

**Absent:** Steve Getman, Carol Sarrantonio, Joan Sizer

1. **Call to order** at 1:30 pm by chairperson Allison Maynard.
2. **Approval of 06/14/22 Minutes:** Tina moved and Pat seconded the motion that the minutes of the 06/14/22 meeting be approved as written.
3. **Audience:** Christina Hurdle, Maureen Parsell, Donna Richardson
4. **Correspondence:** None
5. **Old Business:** Ailene asked about the status of URCommunityCares. This has been slow to get started. Discussion about the need for “handy-man services” for seniors.
6. **New Business:**
  - A. Secretary vacancy. Carol has decided to resign from the committee as of the end of 2022. Ailene agreed to become secretary for 2023.
  - B. Social Services: Energy assistance is up and running. 250 to 275 clients receive help. Woodcrest does their own intake.  
The Salvation Army Kettle Campaign will happen again this year. 90% of money received goes to the town.  
The Season of Giving program will happen again.  
The town received a grant for \$600,000 for Somers Comes Together. A coordinator will be hired.  
Donna Richardson will be the town Municipal Agent for the Elderly. She will chair the Advisory Committee if Allison is away.  
Outreach Program with NCAAA - info on Medicare options prior to Medicare open enrollment. October 4, 11:00 am at the Senior Center followed by a lunch provided by Home Helpers. Finger desserts by Somers Congregational Church.
  - C. Senior Center: Ed Hart, Dial-a-Ride driver is retiring. Scott Sfredvo hired as new driver. Renee Mullet is a new per diem driver.  
Donna talked about various Senior Center programs – trying to include more physically active programs. If the Senior Center is too crowded, programs could take place at Kibbe Fuller. Discussed the Senior Center survey results.  
Talked about having a program about anxiety, grief.  
Tina requested that the Senior Center be open on Friday afternoon possibly with a movie.  
Maureen spoke about purchasing a larger TV and more comfortable chairs.  
A flu clinic is planned for Oct. 6, 9:00 to 10:00, only 15 people. Allison will talk with Priority Urgent Care to see if a larger program could be held.  
Senior Health and Fitness Day at Senior Center October 26 2022.
7. **Committee Updates:**
8. **Adjournment:** 3:00 p.m.

Next meeting October 11, 1:30 p.m.

Respectfully submitted

Ailene Henry secretary

Minutes not official until approved at subsequent meeting.

